

Aromatherapy Foundations & Fundamentals

a comprehensive class presented by Denise Wickell, LMT, CA, RA for Prima Body, LLC

Saturday and Sunday, August 20-21, 2011, 9 am - 4 pm

Palm Beach Academy of Health, 1220 10th Street, Lake Park, Florida, 33403

exit 77 off of I-95, head east on Northlake Blvd, go 1 block south on 10th Street



Aromatherapy utilizes therapeutic plant extracts called "*Essential Oils*" to evoke the body's own intrinsic healing power.

Essential oils support the body in achieving what it does naturally -- seeking homeostasis, balance, and optimal health.

Aromatherapy not only will assist your clients, it will support YOU, the therapist.

Aromatherapy is unlike anything else and its use is rapidly increasing in this country. The king of integrative medicine, Dr. Andrew Weil, says Aromatherapy is "the most exciting of all the complementary health care modalities."

Attending this unique seminar offers benefit not only for health professionals but ALL individuals desiring higher health within a totally natural, holistic framework. Set yourself apart by offering this practical, powerful, and pleasant modality to established clients, and market it to attract new ones.

Supporting the musculoskeletal, lymphatic, circulatory, and nervous systems, Aromatherapy is the perfect enhancement for massage, however, it can be used as a stand-alone modality without massage. Learn to ease everyday, common complaints with simple, safe, and beautiful protocols.

1. Learn concepts to establish a firm foundation for understanding and using Aromatherapy.
2. Understand distillation methods, basic chemistry, and therapeutic properties of essential oils.
3. Differentiate between oils that are appropriate for health care and those that are not.
4. Learn to address pain & tension, lymphatic & circulatory issues, vitality, energy, and more.
5. Engage in multiple hands-on blending projects -- create and keep all your formulations.
6. Learn safety guidelines, contraindications & how to compose client in-take forms for Aromatherapy.
7. This seminar is a delightful sensory adventure as well as an educational event. See, touch, smell, and experience over 30 essential oils. Have FUN while you receive enrichment!

**PAY IN FULL BY AUGUST 1 FOR TUITION OF \$279; THEREAFTER TUITION IS \$329
Make check payable* to Prima Body, 50 Celestial Way, # 301, Juno Beach, FL, 33408**

*Returned or unpaid checks incur a \$30 fee, see full details and refund policy at www.primabody.com

Call 561-308-5217 for questions or email Denise@primabody.com



Prima Body's Owner & Founder, Denise Wickell, is a respected leader in the field of Aromatherapy. She is a Clinical Aromatherapist who earned her Certification through the accredited American College of Healthcare Sciences, and continues to study and collaborate with the world's leading experts and authorities. Denise's teaching style is systematic, enthusiastic, and easy to understand. MA20397/MM8464

**Awards 12 "Live" CE hours required for Florida LMT license renewal as well as 12 NCBTMB CE hours
CE Broker Course Tracking # 20-229105, CE Provider # 50-10965, NCBTMB Provider # 451137-09**